Rocephus



Count: 40 **Wall**: 4

Level: Intermediate
Choreographer: Bill "Peanut" Rice

Music: Born to Boogie by Hank Williams Jr. (90 bpm, 16 count intro

Warm Up Music: Early In The Morning and Late at Night by Hank Williams Jr. (68 bpm, 32 count intro)

Taught By: Luanne Arndt $- \frac{1}{20}/14$

HEEL SPLITS, TOUCHES, TOE SPLITS

1-2 Heels out, heels together

Right foot touch to side, right foot back in place 5-6 Left foot touch to side, left foot back in place

7-8 With heels in place, fan toes out, toes back in place

FORWARD JOGGING STEPS

1-2 Step Right foot forward, Hop on Right foot

3-4 Rock/cross Left forward over right, Rock back on Right (step in place)

5-6 Step Left foot forward, Hop on Left foot

7-8 Rock/cross Right forward over left, Rock back on Left (step in place)

FORWARD JOGGING STEPS (REPEAT)

1-2 Step Right foot forward, Hop on Right foot

3-4 Rock/cross Left forward over right, Rock back on Right (step in place)

5-6 Step Left foot forward, Hop on Left foot

7-8 Rock/cross Right forward over left, Rock back on Left (step in place)

BACKWARD STEP, KICK, SCOOT, TOUCH

1-2 Kick Right out to the side (at same time hop on Left foot), Step Right back

3-4 Kick Left out to the side (at same time hop on Left foot), Step Left back

5-6 Kick Right out to the side (at same time hop on Left foot), Step Right back

7-8 Scoot (or step) Right scoot forward as Left foot kicks forward, Touch Left next to right

STOMP, STOMP, HEEL, TOGETHER, HEEL, HOOK, TURN 1/4, TOGETHER

1-2 Stomp Right foot twice

3-4 Touch Right heel forward, Touch Right heel next to Left

5-6 Touch Right foot forward, Hook Right foot in front of left leg

7 Pivot on Left 1/4 turn to the left <u>as</u> you kick Right forward

8 Step Right next to left

REPEAT



Smartphone Users:

Scan for TMC Legacy Dance



